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Red XXX

PRICELESS

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Brother Brian the Magician entertains the children during Community Day at Rosebank Hall.. More pictures and story on page 5. photo Alicia Smart

MAGICAL ROSEBANK

phone 66882220

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PO Box 45, Rosebank, 2480

Australian Magpie

Gymnorhina tibicen

I do not think that this particular bird needs much introduction. Is there anyone out there that does not know it? I doubt it. What you may not know is that this bird is intelligent, as are just about all birds. The old saying 'Bird Brain' should in fact be taken as a compliment, they are smart little guys.

Right now some of us may be experiencing a problem with the swooping, attacking Magpie, so it might be an idea to get an understanding of why this may be happening. One moment you have a friendly bird in the yard, next it is swooping at everything that moves, including the dog.

Magpies breed in spring, they build a nest of sticks and twigs lined with dry grasses and roots, high in a tree fork. They lay 2-5 eggs, bluish green in colour with streaks and spots.

The Magpie is a good parent, and as such it is defending its young. It may perceive anyone as an intruder, trying to harm its young. This will happen if the bird has previously had a problem at breeding time. It

may not have happened in your yard, but who knows what may have happened in the past for this bird to become aggressive. The best we can do is to avoid the area of the nesting site, walk on the other side of the road, use an umbrella above your head or wear a hat for the short time it takes for the young to grow.

Magpies are protected as are all native birds; they are territorial and cannot be relocated, if we were to move them they would be killed by the resident magpies of that territory.

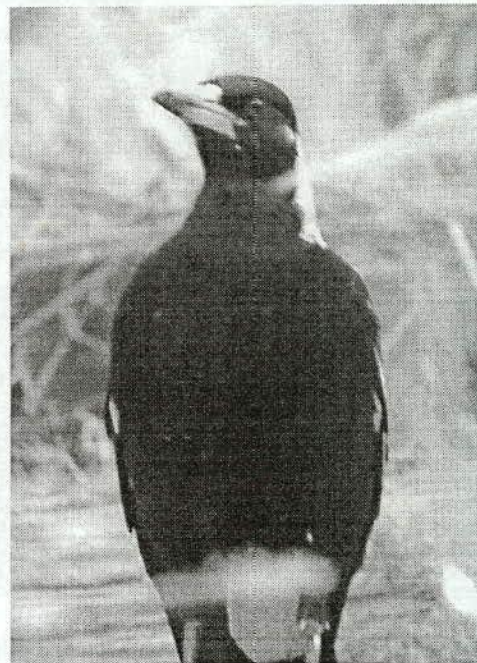
The chicks will leave the most dangerous place, being the nest, before they can fly. This is due to predators that can easily find them, so the parent birds will entice the young away from the nest and feed them in low branches until such time that they can fly. This is often the time when WIRES will receive calls saying things like; 'I have found a young magpie and it can't fly.'

The parent will tell the young to wait till they come back with food. The young will wait patiently, moving only slightly; the best thing to do in this situation is to keep an eye on the young bird. If the parents are coming to feed it, leave it alone, all is well in Maggie world, they are doing what they are supposed to do. If however the cat is watching, keep the cat locked up until the birds have moved on.

High winds sometimes knock young birds from the nest. If you can locate the nest, gently put the bird back. Watch to make sure the parents are coming back to feed it. The old saying 'if the smell of humans is on the young bird, then the parents will not accept it back' is not correct. The birds will accept their young, and they will in fact search for them for quite some time.

If the parents have not returned for more than an hour or so, gently pick up the young bird, place in a box with some leaf litter in the bottom and call WIRES. Do not feed it, just keep it quiet and in darkness.

Whilst we are on the subject of birds, please do not feed native birds. I know we all like to have birds visit the garden, but



feeding them is actually upsetting the natural balance, a balance that is important for all species to survive long term. Birds, as with all wildlife, will breed depending on food source available and if we upset this balance we are creating problems. They come to rely on this food source and as a result do not eat the varied diet needed to survive.

If you wish to attract birds to your yard, make a compost heap and watch the variety of birds compete for the many worms and grubs this will create. The birds will turn your compost, and you will be doing your garden a favour at the same time. For nectar eaters, plant flowering native shrubs or trees like Grevillia and Bottlebrush. You can then be sure you will have a great variety of birds all year round.

If are you interested in becoming involved with wildlife, you can join our happy team of carers and rescuers, just give us a call on 66281898 for more information. Please call WIRES if you find an injured or orphaned animal on 66281898 (24 hours). Visit our website wiresnr.org.

Susanne Ulyatt



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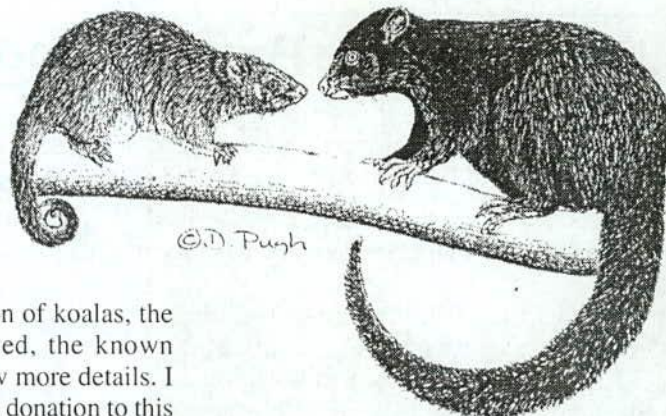
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Forum Letters

Come on Possums... let's have your thoughts on things that matter to you

Write to the VJ: PO Box 45, Rosebank or journal@nrg.com.au
please keep letters under 300 words



Thankyou...

Dear Editor(s),

I was about to write a letter but then observed you have an email address, which is much quicker and reliable from here.

Firstly, and foremostly, thank you for forwarding a copy of The Village Journal to me and congratulations on the production of it. I was most impressed and enjoyed reading the entire contents very much.

Secondly, thank you also for the very well written and sincere article on Shirley. It was an excellent, and if I may say so, a very fitting tribute which you have summed up perfectly.

Thirdly, I was interested in the article on koalas. I had not been to Rosebank for 8 years and when we were last there and, before that when we were growing up, there was no such thing there as koalas. May I ask if you would be kind enough to ask those who are involved in the preservation and so forth of koalas if they could make contact with me and perhaps let me know the group

responsible for preservation of koalas, the number of people involved, the known number of koalas and a few more details. I desire to make a substantial donation to this work and that information would help me greatly.

Kind regards and best wishes.

Sincerely,
Ian Armstrong
Kiribati

Tree Preservation Orders...

Dear Editor,

The last Council meeting was mainly routine issues, or issues not affecting this area. The rating review is going nowhere.

Following some comments at a Rosebank Community Inc meeting I asked the following question at the Council meeting on September 14: 'Do tree preservation orders apply in "Community" and non-urban areas?' Answer given: Development Control Plan No 17 Vegetation Management Order (VMO) applies predominantly to all urban and village areas in the Lismore Local Government area. Areas in which the VMO does not apply are the following: 1a: General Rural Zone; 1b: Agricultural zone; 1f: Forestry zone; 1r: Riverland zone; National Parks and Nature Reserve zones.

Tree removal in these zones may require consent from another authority eg clearing of native vegetation on privately owned rural land requires consent from DIPNR under the Native Vegetation Conservation Act 1997 or Threatened Species Conservation Act 1995.

Notwithstanding the above the VMO also applies to lands and trees described in Schedule 2 'Register of significant Trees' contained in the VMO.

Yours,
Stan Heywood
Rosebank

Free air time for all parties?...

Dear Editor,

It is deplorable and quite unfair that only parliamentary parties are given free airtime on TV by our public broadcaster the ABC.

All registered parties participating in the federal election ought to be given equal time to put the principal points of their program before the voting public.

The way it is done, and has been done for a long time, favours the parliamentary parties grossly. It is clearly biased in favour of the status quo. Non-parliamentary parties already have great difficulty in receiving any coverage from mainstream commercial media and generally do not have the financial clout to buy much advertising space. I have on a number of occasions pointed this out to the ABC and received encouraging responses. But nothing has in fact been done to correct this plainly discriminatory and undemocratic situation.

I am on the NSW Committee of the Friends of the ABC and generally defend the ABC and its excellent programs. But there is work to be done here and, hopefully, before the 2004 election takes place.

Klaas Woldring

Pearl Beach

Senate candidate for the Progressive Labour party

A Rosebank Farewell...

Hello,

To Yvonne Foster & Ian Skinner...

Wishing you all the best and don't forget to come back and visit.

Dianne Horton

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A Tribute to Paul Snape

Rosebank recently lost, through sudden illness, one of its well respected and loved residents, Paul Snape of Fox Road.

Paul and his family have been long time residents of Rosebank, and Paul with his good humour and natural congeniality will be sadly missed.

Paul was Captain of the Rosebank Fire Brigade for many years and he was always available in times of need.

His mother Joy, also of Fox Road, passed away recently and she along with Paul had a light-hearted approach to life even though she was significantly handicapped in later years with a

bad leg.

Both Joy and Paul always had amazing stories to share and certainly in the case of Paul much knowledge and wisdom. Paul was well qualified and did valuable work for the SES. He was renowned for his expertise in the timber industry.

We of Rosebank that knew them both shall assume that their journeys shall continue on the other side and we will always be grateful for the fond memories that they have left us with.

Paul's sudden departure should serve as a reminder to us all...please value your family, friends and neighbours. Life is short so make it sweet.

Guy Feldman

The VJ team extend their condolences to Paul's wife, family and friends.

Northern Rivers wake up Australia

Several public forums were held in the lead up to this Federal Election. Northern Rivers Trains for the Future (NRTF) hosted a gathering at Lismore City Hall, September 27. There to deliver their spiels and answer questions were the National Party sitting member Ian Causley, the Labor contender Kevin Bell and the Greens Candidate, Mark Jackson.

The turn up could only be described as pitiful, hopefully the result of poor publicity and not general apathy, with some 20 people seated and a sea of space between them. It appeared that *The Village Journal* was the only media present to cover the event.

For anyone following the 'great train robbery' the polliie's solutions were quite predictable. Ian Causley reminded us state rail was the responsibility of the Carr government but they had in any case done their best to bring back the XPT by offering \$30 million over two years and a promise to cost it and assist into the future.

Causley said that with our rapidly increasing population and increased demand on public transport the State Government displayed 'no vision here'. Kevin Bell restated Latham's offer to

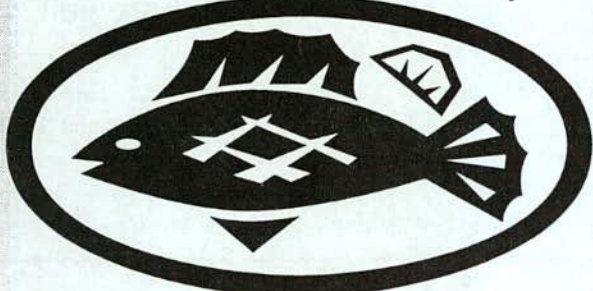
fully fund rail line reconstruction and operations with an offer of \$150 million over 10 years. And Mark Jackson of the Greens said they would do whatever it takes to bring about enviro-friendly transport in this 'carbon constrained century'. He alluded to the fact that 15-20% of greenhouse gas emissions are from fossil fuelled transport and yet the Howard government was putting 80% of its transport funding into roads.

While there was disagreement over the findings of two different reports, costing rail repairs into the future, all seemed in agreement that bringing back the XPT was necessary, that a link to QLD and a local rail motor commuter service was achievable and that the bulk of freight should be taken off the roads and put onto trains a.s.a.p.

Garth Kindred



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Thanks, Rosebank!

I would just like to send a thankyou to all who attended the Rosebank Community Day.

What a great way to spend a Saturday afternoon. The day started with the shining fire truck arriving laden with our Rosebank Fire Brigade.

Our wildlife carers were next to rise and shine after a long night, for they had been—feeding their native nocturnal babies through the night.

Our special guest had not yet arrived, Mary was painting faces, Upper Coopers Creek was having a magic show of their own...when through the doors burst Brother Briar the Magician! You should have seen the little faces glowing.

A special thanks goes to Mary (Rosebank Pre-School Director) for preparing the Hall with the children's gorgeous paintings.

A Big Thankyou to *Bexhill Butchers, Henry's Bakery and Bakers Delight* as they were all kind sponsors of this event.

Alicia Smart



Red Alert

North East Forest Alliance warns of Government doublespeak on forests.

Recently a Howard Minister, Joe Hockey, started talking about 'high conservation value old growth forests' and it set our warning bells ringing.

It is a trick. We heard this phrase in 1995 when Bob Carr promised to save 'high conservation value old growth forests'. We naturally thought this meant all old growth forests, as they all have been recognised as having high conservation value—but it wasn't so.

The NSW Government went on to define those old growth forests it intended to protect as high conservation value, and those it was going to give the industry to log were not

defined as high conservation value.

In southern and south-east NSW old growth forest is still being logging and wood-chipped because of this tricky definition.

If Howard now comes out and says he is going to protect 'high conservation value old growth forests', people need to ask: 'show us the map' and 'how much of the 240,000 ha of forest identified by Tasmania's forest activists as needing immediate protection will this plan protect? But all the signals from Joe Hockey are that the Government is about to try and perpetrate a media/PR hoax on the nation over old growth forests. Having suffered from the same dishonesty we want to get the message out so people don't get fooled.

Susie Russell (Greens Senate candidate)

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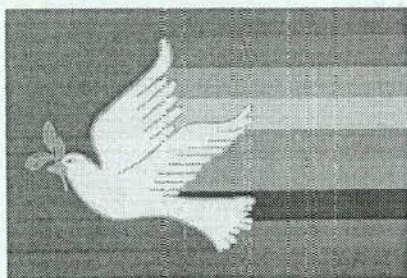
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Blessed are the Peacemakers

A Celebration of Peace
in Byron, September 26



We gathered by the beach, a thousand colourful people, happy and focussed on peace, with dancing, singing and drumbeats in the wind. This was set amidst a circle of rainbow peace flags fluttering against the backdrop of the misty hinterland, blue sky and sea.

A skydiver delivered a huge peace flag, later to be carried around the Butler Street Reserve by hundreds of peacemakers.

It was great to walk in a rally around the main streets of Byron without shouting out angry protests. This was all about being peaceful and affirming human goodness and the power of love to overcome all problems.

It was a fabulous gathering of colourful people, rainbow banners emblazoned with the white dove of peace.

The flags were arranged in a big circle around the oval around which the people gathered and sang songs of peace. Paul Joseph welcomed all the hippies, renaming them the 'happies'.

The Bundjalung Nations were welcomed, the Aunties were there to give their blessings, flowers were given to them in return. Much music and merriment followed, along with workshops for young and old.

We left with happy hearts and positive thoughts with memories of drumbeats and winds infused with the beautiful sights of our rainbow region.

Thanks to all those who made this wonderful event happen. May there be many more of them.

Benny Glasman and Garth Kindred

Landcare for Federal farms

A number of farmers in Federal between Keys Bridge and Dcnaghys Bridge have expressed interest in getting their own local Landcare group going.

As a Landcare Coordinator, I have been working with a small number of landholders to help submit an Envirofund application for \$29,996 of Australian Government funding to achieve de-stocking off stream watering and some re-vegetation and bush regeneration of a stretch of stream of approximately 2.4km in this section.

Vegetation management on these properties is important to the landholders, as a part of their long-term management goal for sustainable agriculture.

Another landholder, a little further up stream, has been undertaking bush regeneration on the family farm, to bring back more of the subtropical rainforest which already occurs on other parts of the property. This ties in with similar work which the neighbouring Goonengerry and Wilsons Hom-

brook Landcare groups are undertaking and supporting.

Landcare is a good way to exchange information, and to gain support and resources for locally common issues. It doesn't have to be anything formal! It is just a great way to gain a better understanding of how to tackle local issues and how to set about achieving change in our communities and landscape. Landholders can work together to attract funding and resources for their projects.

The interest which has been expressed about getting a group going in this stretch, is to do exactly that...to understand how to more effectively achieve conservation goals;

how to plan regeneration activities and how to improve agricultural production and the soil health upon which agriculture depends.

If you are interested in joining or contributing to the group, your input is encouraged and welcomed. A public gathering will be held to discuss the group's formation, at a date yet to be set. Guest speakers will be coming along to talk about landscape management issues in this area.

If you are interested in coming along, or have any questions, please contact me on 66270119. I look forward to seeing you at the public meeting.

Tina Clemens

AUSTSWIM LESSONS

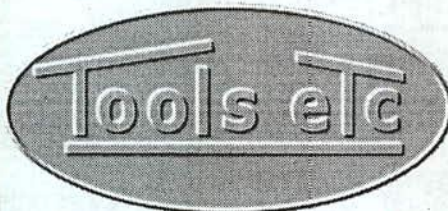
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Friends of the Koala

Rosebank Wild Koala Colonies

Well the koala activity has been a bit slower this month but the koalas are still quite active.

Lots of phone calls are coming in about dogs still and this month from Upper Coopers Creek, along the creek lines.

Reports of disembowelled koalas and dogs chasing wildlife. Please try to be responsible pet owners if you are not already as it is a bugger of a position to be in when talking to pet owners and we don't want to lose any more koalas.

We lost one big male koala on Repentance Creek Road from a suspected car accident last month. Thankyou to the people who reported it, unfortunately he did not make it. The Vet and the Friends of the Koala Care Centre crew worked very hard to save him.

On a brighter note, little Skip (pictured) who came into care last month, is doing very well. He has now grown sufficiently to go into his outdoor enclosure around a small eucalypt, and he loves it. The wind encourages these little ones to eat and the little gum is giving him lots of practise at climbing and balancing. We are feeding him a mixture of 4-5 types of gum leaves and by far his favourite is swamp mahogany.

It has been quite a lengthy process to get him to this stage and while early days had Eric and myself playing tag to keep him company all through the night (for 3 weeks), we can now catch up on some sleep again.

Skip will be in care for another month or two so that he can grow a bit bigger and

stronger. He will have to face life in the wild with other larger males who will be all too keen to fight with him and chase him out of their home ranges. Skip has quite a hard road ahead of him and survival for another 3yrs, until he reaches maturity, will be quite a mission for him.

Eric is teaching him how to fight and rumble, a game he and Eric seem to naturally love. I watch on adoringly as I see the bond that has developed between man and beast. Bonding is not an option however as Skip would normally still be bonded with his mum, in the wild. Gradually we will wean him off dependency as would his mum have done.

Other male koalas have already come to visit him and it sometime gets very vocal around his enclosure at sunset. Skip is just learning to vocalise back and after hearing lots of little grunts from him it is quite a surprise, to him and us, when he actually comes out with a male koala grunt. They are much deeper and louder than his baby grunts.

We must thank Glen and Sonia, and Kay Sherri for donating materials to build Skip's small enclosure. We had some materials but not enough and these guys saved the day.

Thanks also to The Stubbs' for donating gum leaves and to the other people who offered leaves as well. We will need a lot more leaves yet.

Thanks also to Michael Cumpston for



checking on Skip's health in-situ.

Please put out drinking water for the koalas if it continues to get hot: as most of the moisture content in leaves has dropped too low. If you see any koalas down low and looking hot, they may be dehydrated. It is important to act quickly if dehydration has set in, so ring us and we'll come and take a look if you are concerned. Eric and I now have a great new camera and can take lots of koala bum prints for our records. Please give us a ring if we can take your koala's photo. That's it for now.

Shaz and Eric

Rosebank Koala Rescue 66882217

Rosebank LandCare

We did a bit of clearing in the Repentance Creek Hall grounds the day of the Bread and Barter Fair, joined by Les Taurins of Upper Coopers Creek Landcare.

The hall is well situated between our two Landcare group areas and we invite all Upper Coopers Creekers to join us at the hall on the next B&B Fair Day to continue the clean-up of the grounds and future plantings.

This time 'round lantana, privet and camphor laurels were

removed, a fallen tree chopped up and re-used as log seats in a lovely little spot above the hall. We are putting out for donations of suitable plants to plant there next time—lilly pillies, grevilleas, callistemons, under-storey plants etc. would be most appreciated. Call 66882220 if you can help.

This month we meet at Doug Stewart's on Emerson Rd to complete our annual circuit. Meet at 9am, October 16 for a few hours of fun-filled landcaring. All are most welcome to join us.

Garth Kindred

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Ian Causley is getting on with the job in Lismore Shire now

These are some of the things Ian Causley and the Nationals in Federal Government have delivered for our local area over the past twelve months:

- ✓ Boon for macadamia and other local horticultural industries from the US Free Trade Agreement.
- ✓ \$274,000 to fight youth crime in the Lismore region.
- ✓ Lismore rural unemployment is now 7.4% compared to 13.6% in the Lismore Shire five years ago.
- ✓ \$3,212,591 Roads to Recovery funds to Council to upgrade local roads (opposed by Labor).
- ✓ \$4,687,900 Financial Assistance Grant to Council for roads and other purposes.

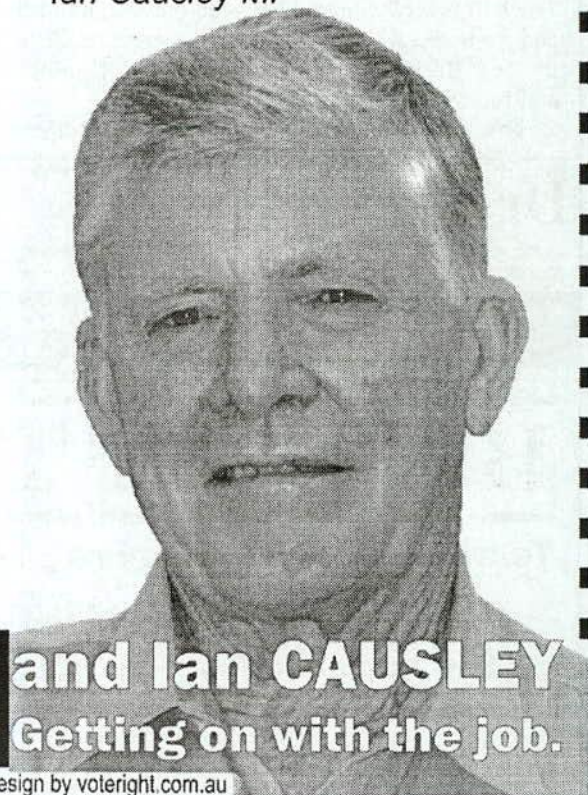
“Rural villages in the Lismore Shire have come a long way with the Coalition Government with safer roads, lower unemployment and better business and farming conditions.

Local towns would be neglected by a Federal Labor Party Government in the same way they have been neglected by the State Labor Party Government.

That is why I need your number one vote this Saturday.

”

Ian Causley MP



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Have a Go!

When dealing with bureaucracy, 'have a go!' Be as strong as you can, go in hard, stick at it, use all your skills, kick heads wherever you see them, ...and expect change to happen.

With bureaucracies—any change is great news. Expecting a big shift may be pie in the sky. But any shift is real progress, even if it is small.

Bureaucrats are like several tonnes of rock and you're using a single lever to move it. You can do it—but it needs skill and know-how, and it happens little by little.

Remember the bureaucrats are many. They've all been there for years and years.

They think in rigid patterns. They all must please their bosses, who are in the same mould. They are really about looking after their own skins, (and they often?...almost always!...lose sight of what they are there to do).

So the faces you deal with are not people. They are symbols of decisions made years ago by the masters of those faces.

And that's your true focus—those decisions. Show the bureaucratic faces the things the original decision missed. Show them the way change has destroyed the original decision base.

It's pointless to attack the people. Mostly they are sympathetic anyway, but sympathy—with your hands tied—is no use to anyone. If you do attack, all you get is a brick wall. Lots of others have attacked before

you. And so their hides have got tough.

Then go to the 'masters' who call the shots. The politicians won't listen unless you have done all the homework for them. If you can show them the bureaucrats are on side, and there's a sound case for what you propose, then you have a chance!

Good luck!



Laurie Stubbs



Kevin Bell

My name is Kevin Bell, and I am the ALP candidate for the seat of Page in the forthcoming Federal election.

I want to be part of a Latham Labor government, a government that will invest in our public hospitals, introduce a fair funding arrangement for our public schools and needy non-government schools, and care for our older Australians.

This election is a national referendum on the future of Medicare. Only Labor has a plan to invest \$3.4 billion to restore Medicare and rebuild

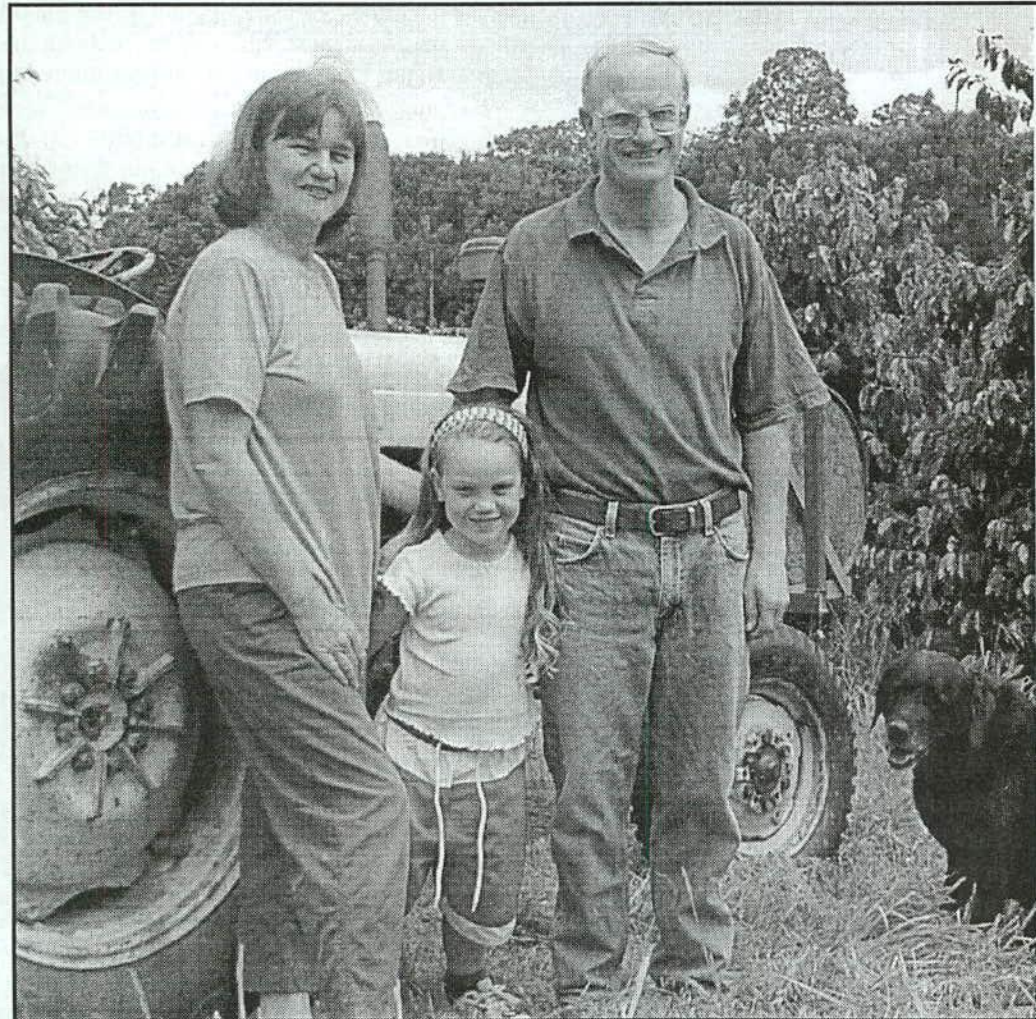
our public health system.

Only Labor will introduce Medicare Gold, ensuring that every Australian over 75 will never have to wait for hospital care.

Only Labor will invest \$1.9 billion in our public schools and redirect \$520 million from rich private to needy non-government schools.

And finally, only a Latham Labor government will deliver a tax cut for the 94% of people in Page who John Howard said he could not afford to help.

If elected I commit myself to work vigorously for the people of Page and to put their interests first. On polling day I urge you to vote I Labor.



Kevin Bell is a local who wants to bring fresh opportunity to the Electorate of Page

**Vote 1
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Bell**

**ALP candidate
for Page**

Authorised by Mark McDonnell 13 William Blair Ct, Lismore Heights, NSW, 2480

Meet the Greens candidate for Page... Mark Jackson

Voters in the federal electorate of Page have a real alternative in Mark Jackson, the Greens candidate.

'It is unacceptable that the Page electorate is one of the poorest in Australia. We need real alternatives, not more of the same from the major parties. I am committed to delivering smaller class sizes in our schools, getting dental work onto Medicare, and providing financial incentives for sustainable agriculture and forestry'.

'The Greens take the strongest stand on improving public services, which we see as a higher priority than tax cuts for the wealthy. The Greens are committed to free high quality public education, better health, aged care, and disability services and public transport, including rail services,' Mark says.

'The Greens are strongly opposed to the illegal invasion and occupation of Iraq and the imprisonment of refugees. Security is important, but ultimately it is decency which will win the battle against terrorism'.

Another focus of the Greens campaign is on creating employment and wealth through sustainable timber plantations, leading to long-term growth in the local timber industry. 'Protecting the environment redirects economic activity and employment into areas which are safer and more profitable in the long term.'

Mark has worked as a logger and timber worker. He also established the first tree planting business in the Northern Rivers, was Australia's foremost lobbyist for the introduction of Landcare and was the architect of the environmental work programs for the unemployed introduced by Labor in the 1990s.

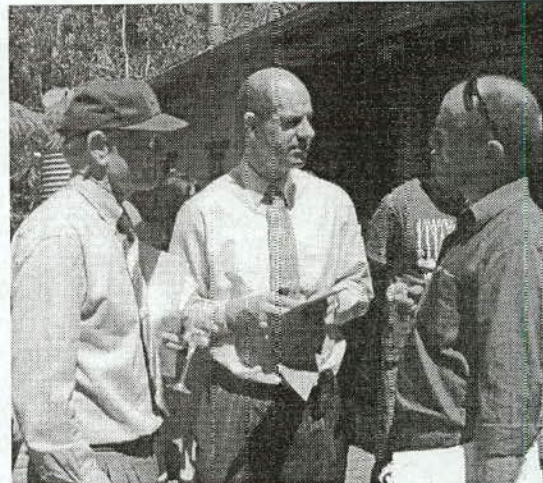
(press release)

Locals meet shadow Environment Minister

Tim and Sharon Proctor recently hosted a meeting at Whian Whian between shadow Federal Environment Minister Kelvin Thomson, and local environmentalists. Following is what he and others pinpointed as important environmental concerns for us all.

In introducing Kelvin, Kevin Bell, the local Labor candidate for Page, noted that, 'Labor's not perfect, but I think it works a lot more for the environment.' Kelvin Thomson began, 'When I was a kid I got into birds and animals. One of the best things about Australia is its environment. The kinds of animals, birds and plants are unique and other countries are less politically stable so we have a chance to look after it on behalf of the rest of the world. All the independent assessments suggest we are deteriorating (environmentally). Climate change is the elephant in the backyard with more droughts, floods, cyclones—more extreme climate conditions. We've got to be constructive internationally—we have a role with everyone else around the world—Labor will ratify the Kyoto Protocol. We need to put a value on carbon—it's not being factored in. We need to increase mandatory renewable energy targets and be weaning ourselves off fossil fuels.'

'Our current use of water is unsustainable—we're the world's driest inhabited continent, but the second biggest water user—we need more rainwater tanks, recycling, water re-use projects and need to promote more water and energy inde-



Kevin Bell, Kelvin Thomson and Mark Jackson compare notes.

pendence.

We need to stop the decline in vegetation cover...to work with councils and state governments and we'd be seeking support to create strong environmental policies to put us on the path to environmental sustainability. We've been going downhill since this government took over!'

A discussion later between Kelvin and Greens candidate Mark Jackson revealed that the proceeds from the partial sale of Telstra had not contributed to the environment as was announced, but had been taken away from other environmental initiatives, thus creating a net loss to the environment.

Some interesting points were brought up by those present. Sharon Proctor pointed out that people who are committed to growing organically are paying a lot out—there needs to be something like 150% tax deductibility for organic farms, for doing the right thing. Martin Novak noted that there's a huge benefit from farm forestry but it's being carried on the farmers' backs at present.

...continued page 12

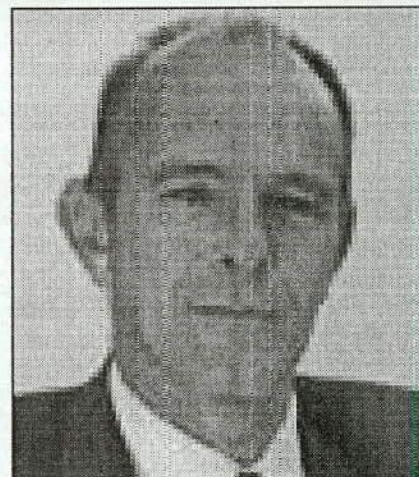
GREEN NOT GREED

Vote **1** Mark Jackson The Greens candidate for Page

- Public services not tax cuts for the rich
- No to war and to George W Bush

Vote 1 The Greens - Group 'X' in the Senate

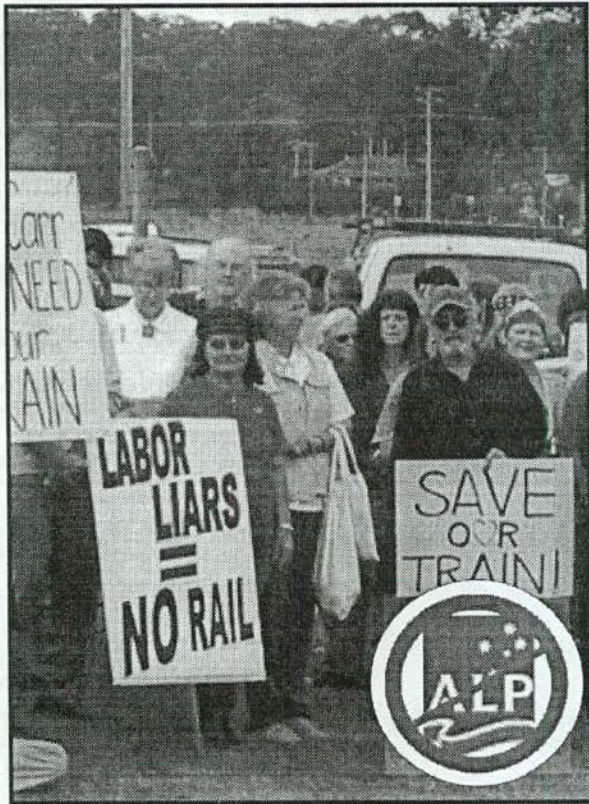
Authorised by Phil Toynton, 17 Conway Street, Lismore 2480



Road safety: an easy choice

UNDER LABOR

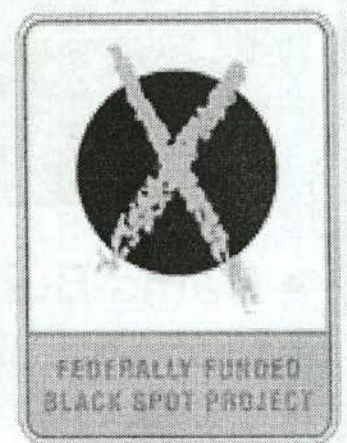
- ☒ Abolition of \$90 million accidents *Black Spot* program.
- ☒ Forced increased traffic onto the Pacific Highway by axing our train service.



- ☒ No guarantees on *Roads to Recovery* funding to Lismore and Byron Councils.

With the COALITION

- ☒ \$90 million extension of accident *Black Spot* program .
- ☒ Extension or *Roads to Recovery*.
- ☒ Compulsory driver education for young 'P' plate drivers.



Initiatives by the Nationals in Government like *Roads to Recovery* and the *National Accidents Black Spot* program are saving Tweed lives.

Locals meet shadow minister
(continued from page 10)...

Kelvin Thomson agreed that costs to the environment have not been included and fertilisers are not adequately factored in regarding river quality standards—good environmental practises should be rewarded.

He also stated that, 'We support an emissions trading regime—this opens up business with other countries to offset their emissions. In Victoria they have biodiversity credits where if you pay me \$x I'll protect x land for biodiversity.'

Mark Jackson noted, 'Unsustainability is genocide against the unborn. With wise use of our resources their future is not compromised. The Greens don't support carbon credits as the devil's in the detail, and the land could be blanketed in eucalypts. Reforestation peaked in 2000 when 100,000 hectares were planted—95% eucalyptus monocultures, and this resulted in drying up water supplies. Native species are the way to go—the right forest in the right place for the right reasons. There is a need to commit to a minimum of 100 years of carbon storage.' He also called for a conservation corridor from the Daintree to the Ottways.

Kelvin agreed that, 'The Nature Reserve System has been in abeyance under this government. "Postage stamp" doesn't really work—it needs linked habitat.'

Mark Jackson also pointed out that there is a strong need to conserve old growth forests in relation to climate change.

Lydia Kindred

ROSEBANK COMMUNITY PRESCHOOL

Learning through play, community and kindness

Hello everyone!

Term 3 has come to an end and term 4 will be quick to follow! Our excursion to Lismore was lots of fun. The children were very excited to have the opportunity to travel on the Jarjum's bus. We had a quick play at the Jarjum's Preschool and then went to Wade Park to play. Auntie Mereki painted totems on our faces and we just played and played! There are so many things to play on, swings and slides, wobbly bridges, cubby houses and see saws too! We could smell the sausages cooking on the barbeque and we were really hungry by lunch time!

Thank you to all the children and staff at Jarjum Preschool for such a great day out.

We finished up the term exploring space with the children. In the children's imaginative play the outdoor equipment had become a rocket ship and we had been going on adventures to the moon, other planets and imaginary worlds. Through music, movement and stories the children learnt a little about the planets in our solar system and travelling in space. They also painted planets and made rockets, space helmets and space suits with the craft materials. We all enjoyed racing balloon rockets with Deb and trying to guess which coloured balloon would win!

Of course there is so much more that the children have been doing that I could keep on writing for a long time. Some of the other

highlights of the term include a treasure hunt with our friend 'Elfie' and a search in the sandpit to find the key to the treasure box, playing in the sandpit, cooking, building and moulding, imagining with the dinosaurs, making train tracks and playing with the train set, riding the horses, feeding them and rounding up the cows, hammering nails into wood, climbing, balancing and sliding, running and chasing, looking at books about space, creating playdough creatures, making cards and celebrating birthdays, putting puzzles together and much, much more.

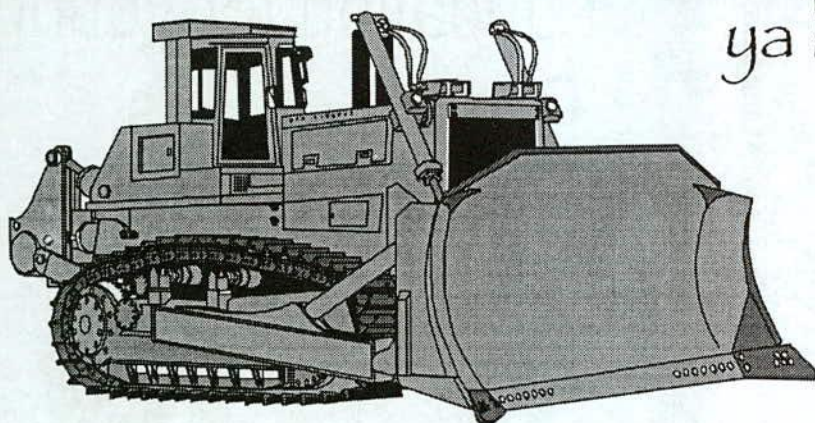
The older children have been conducting some simple science experiments with magnets and electricity and the younger children have been having fun playing games and singing together.

Next term we will have a working bee on Saturday 23rd October to catch up on maintenance jobs and tidy up the gardens and the grounds. To celebrate Children's Week we will have an open day on Tuesday 26th October from 9.30am–12.30pm. We would like to invite the Rosebank Community to come and share in the morning's activities at the preschool to see what we are doing. We would especially like to invite families with young children who may be interested in enrolling at the preschool next year.

Mary Maguire, Preschool Director

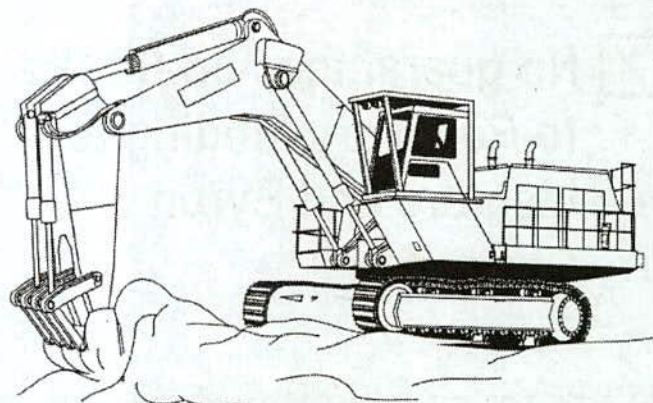
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Upper Coopers Creek School Happenings

September certainly was an action packed month for the students of Upper Coopers Creek Public School.

Our senior students performed as part of the Lismore Small Schools Choir at the Lismore Performing Arts Festival with parents commenting that they sounded like 'angels'. We also had three of our students Erin, Sienna and Tenita represent the school as part of the Small Schools' Opera House Choir in a visit to Sydney on the 11th to the 14th of September. The girls thoroughly enjoyed the experience of actually performing at the Sydney Opera House and encourage other students to join the choir next year.



The whole school also participated in the Premier's Spelling Bee and sent our Year 6 Spelling Champion Miesha to the Regional Finals on the 20th of September at

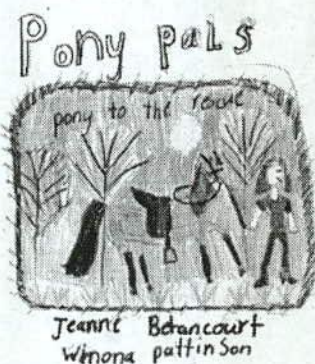


Centaur Public School. She did extremely well making it into the last three contestants. Well done Miesha!

Our Education Week Activities were held on the 7th of September and included Soccer Workshops, Book Fair, Keyboard recitals by students and our Parent run Clubs. A delicious morning tea was provided by parents.

Leanne Benfield our Library Manager took our students through a reading journey ensuring every student had access to the Children's Book Council short listed books. Students loved all the books and quite accurately predicted the winning books in each category.

The students also spent time designing new book covers for their favourite books.



top right: 'Zoo Album' cover by Will
bottom left: 'The Way Home' cover by Zoe
bottom right: 'Pony to the Rescue' cover by Winona
top left: 'Tashi and the Demons' cover by Calem

Upper Coopers Creek Public School

Open Day & Kinder Orientation

Wednesday October 27
9am-1pm



Upper Coopers Creek Public School would like to invite all prospective kindergarten children and parents for 2005 to attend our Open Day Activities.

Some of the activities planned for the day are painting, story reading, playdough, singing and games.

Parents will also be provided with information sessions, morning tea and a chat with members of our P&C.

The Open Day will be followed by Kinder Orientation Sessions for prospective students on: Wed Nov 3, 9am-1pm, Wed Nov 10, 9am-1pm and Wed Nov 17, 9am-1pm.

For further information please contact:
Upper Coopers Creek Public School

66882128

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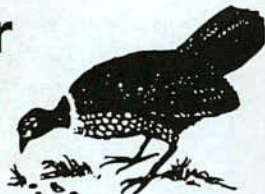


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Bright future for Numulgi School



The Department has informed the P&C that the school has been under no threat of closure and a permanent Principal is to be appointed. This is great news for our smallest school and very rewarding for the effort so many people have put into supporting the school.

With the success of the Save Our School campaign and the Sue Dengate talk, support for the school has been overwhelming. So much so that Sue has been asked about our school at recent talks in Adelaide and Hobart and many people have commented that the school is 'beyond our times' and 'a credit to our community'. The Numulgi school children and P&C wish to thank The Village Journal for its support and publicity over the last few months. Also, thanks must go to the Numulgi community who rallied behind the school to ensure its bright and happy future.



Some Well Deserved R&R for Numulgi Kids at Brooms Head

Numulgi students, staff and parents spent two days at Brooms Head during September—camping with Whian Whian School as the guests of a small school from Coffs Harbour way.

Much time was spent in the water but most fun was had ashore using boogie boards for some down hill grass skiing. We even had a couple of birthdays to celebrate down there from our school.

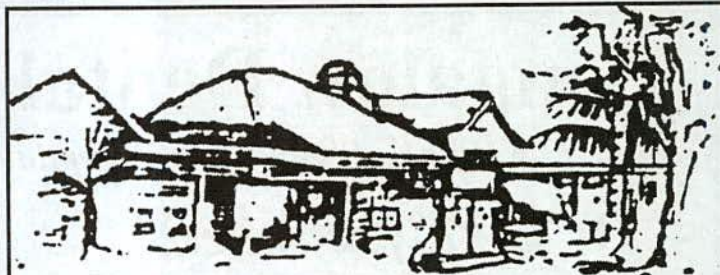
Mr T had a relaxing day after the camp as everyone needed the Friday off in bed to recover. (Photos are of Brooms Head trip)

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A NIGHT OUT IN FEDERAL



Remember the days when you'd ride your rusty pushbike to the local theatre and hand over a shilling for a couple of hours in a black and white fantasy world in the flickering half light, a wheezing reel-to-reel grinding in the background?

Of course you don't—you're far too young.

But you can relive those days anyway.

Now in its third year, **Reel Films** is the North Coast's truly alternative film venue. Here you will see films that are much harder to find in mainstream venues. Monthly film nights lure the hills community out from idylls hidden amid the rainforest, as well as encouraging the occasional intrepid coast dweller to leave the glitz of Byron Bay behind for an evening.

You can have a meal out in a good cause, too—dining filmgoers have raised over \$15,000 for local community groups over the past three years.

*Reel Films' October film is Francis Ford Coppola's **Apocalypse Now**.*

Based on Joseph Conrad's *Heart of Darkness*, Coppola sets the film in the Vietnam war to comment on the fragility of orderly civilisation, the folly of war, and the delusions we all collude in to enable us to maintain the will to survive.

In it, we journey with Willard (Martin Sheen) along the Mekong River, in search of Kurtz (Marlon Brando), one of the Army's best soldiers.

In this film the jungle is not the romanticised symbol of a fragile nature it has become today, but an increasingly pitiless and threatening chaos that closes in around the protagonists and strips away their civilisation.

Like Pat Barker's extraordinary Regeneration trilogy, in *Apocalypse Now* we realise that to truly understand the reality of war is to be overwhelmed by madness and despair. Insanity is the only sane response to this insane situation.

What is found at the end of the journey is not Kurtz so much as what Kurtz found: that all of our days and ways are a fragile structure perched uneasily atop the hungry jaws of nature that will thoughtlessly devour us. A happy life is a daily reprieve from this knowledge.

Apocalypse Now pushes into the dark places of the soul. It is not about war so

much as about how war reveals truths we would be happy never to discover. If we are lucky, we spend our lives in a fool's paradise, never knowing how close we skirt the abyss.

What drives Kurtz mad is his discovery of this.

The film stars Marlon Brando, Martin Sheen, and Dennis Hopper; and look out for Laurence Fishburne and Harrison Ford.

Apocalypse Now is showing on October 16 at Federal Hall—a week later than usual due to the federal election. Doors open 7pm for dinner—movie at 8pm.

"A LANDMARK IN FILM HISTORY..."

a masterpiece which in its scale, the grandeur of its ambitions and the level of its success demands to be judged with and placed beside the great film works of any time!"

—Charles Champlin, Los Angeles Times

"'APOCALYPSE NOW' MUST BE SEEN!"

—Chris Carter (Radio), ABC-TV

"A stunning and unforgettable film, not to be missed. A riveting adventure story that achieves richness and depth without sacrificing popular appeal. The ultimate war movie!"

—Jack Kroll, Entertainment Weekly

"An amazing and marvelous piece of work!"

—Bruce Williamson, Playboy

"Incredibly beautiful, complex and masterful, perfectly sound!"

—Lionel Barrymore, New York Times

"A film so gorgeous, so technically magnificent, so ambitious, that you have to see it!"

—Richard Dyer, Guardian

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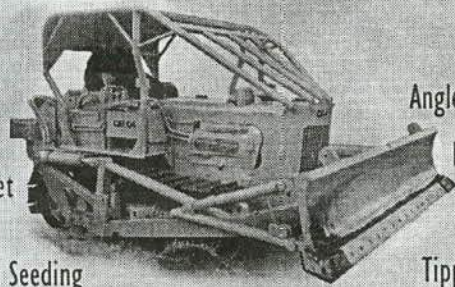
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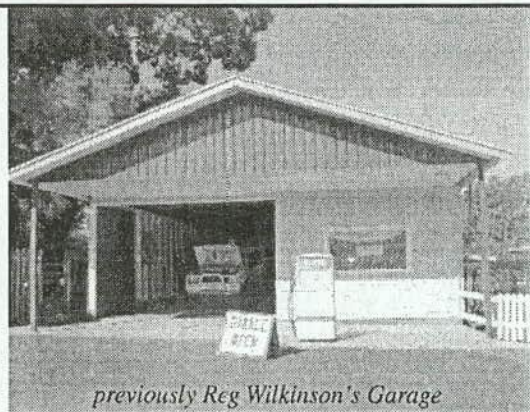
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On Common Ground

Towards clean, green power to the people

Last month ended with an appeal to our readers to Vote [1] in this Federal Election for the Earth and humanity over nation and self. While it's a big ask, if we don't go this way the future consequences will be all the more diabolical.

We are faced with a big shift in global climate, largely of our own making. We wasted the eighties debating whether it was or was not happening. Things looked a little more optimistic in the early nineties—the Rio Summit, general environmental awareness on the rise, recycling programs initiated locally, the Kyoto Protocol framed (1997) etc. But somehow another decade or so slipped by and in many ways it seems the modern mainstream masses simply slipped back into their self obsessed stupor, afforded by cheap fuel and material affluence.

And still today economic concerns clearly dominate over environmental ones in the mainstream media. This time round we wait on policy announcements from both major parties regarding the future of old growth forests in Tasmania.

Regular checks of environmental websites

reveal news, both good and grim—wonderful new discoveries, renewable energy systems, mostly going nowhere in a hurry while global warming intensifies extreme weather events around the globe—exactng a heavy toll on people and property. The longest driest drought in Australia, an unprecedented onslaught of hurricanes in the Caribbean, Bahamas and the US coastline and even more worrying are reports of the Antarctic glaciers melting at an alarming rate.

So what are we doing about it? Well a lot of us are planting trees and doing our best to conserve energy that is true, but we've endured a Federal government that won't even bring itself to sign the Kyoto Protocol, who, along with Uncle Sam, make us stand out in the world 'like dogs balls'. Even Russia recently signed on. A change of government will see us do likewise as Labor, Democrats and the Greens all agree on this point at least.

Howard doggedly talks up great plans for coal power—solving greenhouse gas emissions by new geo-sequestration technology. Truth is, as research reveals, this

will have limited application, cost billions and will take many years more to put in place. We don't have that time to play with anymore. The PM recently opened the 19th World Energy Conference in Sydney—this triennial event being sponsored by BHP Billiton, which may say something in itself. Answering the greenhouse challenge by delivering sustainable systems was the theme of the congress, and not surprisingly the consensus was that fossil fuels will dominate supply into the next fifty years, although gas will overtake oil well before hydrogen or other renewable forms take over.

While the market for renewables may grow dramatically it will still only fill a relatively small portion of the total energy mix according to BHP CEO Chip Goodyear.

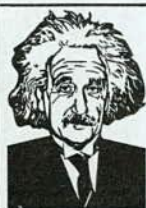
Coal is back in demand and many nations look like taking the nuclear option. China is planning to construct an extensive network of nuclear power plants, as is Indonesia. Australia is poised to be a major supplier of Liquid Natural Gas with exports expected to increase more than 5 fold over the next 20 years.

But about one third of the world's population still have no regular power or secure fuel source (whether for cooking, production or transport). The question is how can we bring power to these people for lights and cooking without accelerating our demise by producing more greenhouse emissions?

continued next page

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Sunday	3-8pm

On Common Ground (continued)...

World Energy Council Chairman Antonio Del Rosario told the 2000 delegates gathered that energy sustainability 'is one of the critical issues facing humanity.' He pointed out that since the turn of the millennium the crude oil price has risen from \$10 to \$50(US) a barrel and that 'the markets are reminding us to anticipate the future sooner'.

Fortunately these rising fuel costs worldwide are once again making renewable energy forms more appealing.

The US Congress recently extended a major tax credit to companies producing energy from wind and the Energy Dept has set a goal of 5% of US electricity from wind by 2020. Wind energy is poised to become the least expensive electricity source.

We have a national power grid in place in Australia now. What we need to do is to decentralise the power generation and develop renewable sources. Currently we have a cluster of coal-powered turbines between the Central Coast and Hunter Valley generating power to virtually the whole eastern seaboard up into QLD.

Without spelling it out, these long power bearing extension leads make us very vulnerable. The power at its source is very polluting. We need cleaner sources from solar, wind, wave / tidal, geothermal and mini-hydro all feeding into the grid.

No thanks to John Howard, Australia hasn't entirely lost the initiative in research and development of these 'sunrise' industries.

On a final point, as this series is about championing the commons in all their forms, I will, on the eve of this election urge everyone to vote for those who will preserve the commons and work to both increase and improve them.

The Howard Govt if re-elected will sell off the rest of Telstra. They have in the past bribed the green vote by throwing consid-

As you fill your glass, consider...

Of all the substances that are necessary to life as we know it on Earth, water is by far the most important, the most familiar and the most wonderful.

Life and water on this planet are inseparable. Life began in the primeval sea. The great majority of living things are still in the oceans. Land devoid of water is devoid of life. Our own bodies are more than three-fourths water, and our world is what water has made it. Our lives and welfare are inextricably bound to water.

Water is known as the greatest of solvents, for it takes something from nearly everything it touches. Thus, absolutely pure water in its liquid form is practically non-existent in nature.

Even rain as it falls, picks up dust from the atmosphere. As water runs on the surface or percolates through the earth, it is in contact with practically all the elements and compounds, continually carrying to the seas and oceans a suspension of nearly all the substances of earth. The

most common in the oceans being ordinary salt, for we have all tasted the saltiness of sea-water.

The immensity of the oceans may be visualised if we consider that there is enough salt in them to cover the Earth to a depth of over 30 metres!

Thus, all water is different, and it can be said that there are more types of water than living beings on our marvellous Earth!

Water is always inside us and always around us, moving and changing. The breath of air you inhale now contains water that yesterday could have been breathed by me. Or it may have been a snowdrop on the Himalayas last year, or a drop in the Indian Ocean last century or a piece of ice in a glacier a billion years ago. Water truly connects us all with our entire planet, past, present and future.

'Of all the attributes that we have ascribed to the oceans, including their mystery of the early days—for the unknown is always the haunt of mystery—their vastness, and their grandeur, the most arresting and enduring is the eternal paradox of water. They are forever changing, yet forever the same. Heaving with the tides, flowing with the currents, piled and driven by the hurricanes or lying gentle and serene, forever being evaporated and forever replenished, they are the epitome of change. Yet, beneath and in spite of moods and movement, they are in form and substance the most timeless feature of the Earth. So have they been for a billion years, and more. So will they be when all our proud mountains have been worn to hills.' (Thomas King, 1953)

If there is magic on this planet, it is contained in water...its substance reaches everywhere, it touches the past and prepares the future.

Benny Glasman

Information from 'Water: Miracle of Nature' by Thomas King. (1953). MacMillan.

erable millions to the Natural Heritage Trust and other programs, paid out of the sale of public utilities, in this case our communications network.

It must be noted that following the original partial sale of Telstra only a portion of this reached the ground and we can expect much the same should they sell the rest. Don't be fooled!

In summary, priority 1 is to dump Howard and beyond that we all need to ensure a greener government with a global, benevolent and long term vision.

In celebration of the commonweal
Garth Kindred

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Politics—and commonsense

The thrust of these articles is about why voters get brassed off with our Australian democratic system. Is it the system as such? Or something else? We've seen that 10% of us vote informally, or not at all,—is this a protest?

We've also seen that political parties rob voters of their power because in effect, only parties can say who will stand as candidates for election. But no voter can tell the political party what to do. Party members can (and do) influence parties, but party members are a very small subset of voters in general. Voters who are not party members, or—perish the thought, who are members of a different party—may know and say what they want, but they are voiceless for all the good it does them. No wonder voters are fed up with politicians.

Our 'system'—as set up in the Constitution says nothing about political parties. In the century since Federation, political parties have given themselves tax money to run their affairs, and to fight political battles. The effect is political parties now run our system. That means we don't have a democracy any more. Democracy is —' a system of government by the whole population, usually through elected representatives' or as some famous writer said, 'Government of the people, by the people, for the people'.

That makes a lot of sense. But from a voter's point of view political parties make no sense at all. So what to do? What can a

voter do to make a dent on this juggernaut of a system?

A very good question indeed. The options are simple enough to think about—most are just a lot harder to make happen.

First choice: Do nothing. Ignore the whole matter. If you take this route you must forever stop any criticism of the system. When all's said and done, you vote. The Constitution is about you. You do have some powers.

Second choice: Act now for yourself. You have a Federal Representative. Write, get into his/her ear, carry placards, go on radio, organise protest marches, get the message across that voters are pissed off because we are being ignored.

Third choice: Seek like-minded people, plan and carry out with them a scheme to change the ways of parliamentary represent-

atives. The bones of the scheme are: Reps will plan—with their voters—the actions needed in the electorate. They'll set down objectives, actions and timings for the first year after the election, and will have the Rep. report progress each three months. The same pattern will extend into the second, third and fourth years. If there's no progress then the voters in the electorate will be able to call for the Rep's resignation.

This last way is not as tough to make happen as it sounds. There is a practical way here. The giant benefit would be that voters and their Reps would be in close touch.

Sound like 'Democracy'?

If you don't agree—or even if you do, you might like to put your views in the VJ?

Laurie Stubbs

Post-politics

by Chris Smart

© Chris Smart 04



Tony Abbott as The Hit Man

John Howard as The Boss

David Oldfield as The Traitor

Peter Beattie as The Gaoler

THE PERILS OF PAULINE

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tarot with Kawu

Eight of Cups:

Minor Arcana/Saturn in Pisces

*I Will Survive (Gloria Gaynor), It's My Life (No Doubt);
Rose Quartz, Obsidian, Onyx, Amber;
Lavender, Rosemary; Birch Tree, Ash Tree.*



Hi everyone! I tell you what, I'm so in love with this Spring weather! It's extremely hard to stay inside and get anything domestic done, and far easier to give in to the temptation of frolicking outside in the very pleasant sunshine days! (Check out The Brady Bunch Movie, 'Sunshine Day').

Which is kind of one of the main things about this time of year—we find ourselves unable to do anything but surrender to that irresistible pull of Spring! We clean out our cupboards, we start new projects, we feel the thrill of new romance! And we can also use these powerful energies of change to clean out our bodies and minds, on all levels, physically, mentally, emotionally and spiritually. And one of the things that should be on the top of your 'to go' list is guilt.

The Eight of Cups appears in a reading to inform us that we need to take a little look at our personal boundaries because we are, literally, swamped, and no further growth will occur until we find out why.

Do you have trouble saying 'NO' when you really want to? Do you live in fear of someone taking their love and approval away from you

if you do, or if you stand up for your needs? And then, if they do react in such a way, do you always find yourself responding by shouldering the blame ('must be my fault'), instead of seeing how the other person has acted in a conditional way by punishing you for stating where you stand, or because you have not lived up to their expectations?

This is called projected guilt, guilt which another person has either consciously or unconsciously made us feel, causing us to blame ourselves for something that is not ours to bear. It is one of the most destructive forces for the Soul to have to endure and indeed is one of the oldest tricks in the book, in regards to controlling a situation and getting people to do what you want them to do.

Both manipulating another in this way and allowing someone to manipulate us, are behavioural patterns that can become serious stumbling blocks to our progress through life, affecting the way we relate to everyone, and thus how our world is created around us.

The image of the Eight of Cups presented in the Thoth deck of cards is pretty depressing and uninspiring, to say the least. It shows the

result of a build up of toxic emotions that have left us feeling very drained, sluggish and unable to hear our Hearts' voice. However, the positive note amongst the gloomy symphony is that we are clearly presented with what it is that we need to address in order to regain our lost balance and, being a number 8, that we are entering a new phase in our journey. The challenge lies in our willingness to look within to find the source of our unhappiness and then to let it go, however painful this may be, so that we can move forward. One of the most difficult yet liberating lessons which this card offers us is realising that it is not our responsibility to work out someone else's issues for them—indeed, if we continue to do this, not only are we contributing to our own misery, we are also keeping another person from learning to help themselves and to stop blaming other people for not being the magical pill that solves everything for them. You don't necessarily have to cut someone out of your life, but it's important for your growth, and theirs, that you energetically hand back any such manipulative energy.

Life on this Earth realm passes by so swiftly; if you blink you'll miss it. Why spend even a nanosecond of this precious time weighed down by somebody else's unresolved life lessons?

Until next time, journey well.

*I am available for Tarot consultations through home visits or by appointment
at Kowhai Well-Being Centre, Rosebank
66882402/0427058519.*

Kowhai News

We all have a life force that propels us through our day—it is very much linked to both the physical body, the mind and the spirit. When our life force wanes it's not always due to the physical body being exhausted! Although, this is what we tend to blame.

Chronic Fatigue Syndrome (CFS), Myalgic Encephalomyelitis (ME), Epstein-Barr virus Syndrome, Yuppie Flu, etc are all the same thing with symptoms such as chronic fever, sore throat, painful lymph nodes, weakness of muscles, pain and discomfort, sleep disturbance and many others may also be present.

As high as 2:1 females to males are affected with 43% of patients unable to attend school or work with a conservative estimate of 37 cases per 100,000.

Findings in the laboratory have often shown conflicting results but some are: reduced total T cells; elevated or depressed T4 to T8 ratio; depressed natural killer cell function; low levels of circulation immune complexes. All very much in conjunction with an immune system that is not working in harmony with the body. Viruses have been to blame such as the Epstein-Barr virus, Human Herpes virus, enteroviruses, and others but none of these have had conclusive results.

The only real conclusion has been that

CD8 Lymphocyte population has increased, thereby indicating a chronic stimulation of the immune system, perhaps by an unidentified virus.

Trials for CFS have shown that intra muscular magnesium for 6 weeks caused significant symptom improvement. Supplementing the diet with GLA (evening primrose oil) and EPA (fish oil), showed significant improvement after three months.

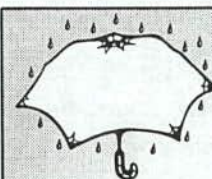
The treatment of CFS is to use herbs such as Echinacea, Astragalus, Hypericum, Thuja and Ginseng. While treating the immune system is the first step, tonics for well being, stress, depression and the digestive system are also used. (The digestive system has long been linked to immune system disorders).

Because all CFS cases have a different presentation, each client needs to be assessed individually. This is also why a holistic approach is required, the state of the mind (mind over matter, with sadness/depression a direct link to immune system function) needs to be assessed and the spirit or emotion of the disease requires treatment.

As a holistic practitioner assisting mind, body and spirit I believe that there can always be an improvement in your wellbeing. 'Nothing is certain in this world but change.'

Dianne Horton, Kowhai wellbeing centre

(findings from Total Health and Education Foundation, Kerry Bone)



Rainfall for September

Sheaffes Rd, Goonengerry 24.3mm
Rocky Creek Dam, Dorroughby 27.2mm
Emerson Rd, Rosebank 23mm
Dorroughby Rd, Dorroughby 26mm
Fox Rd, Rosebank 28.5mm

*Report totals on 66882220 or
email to journal@nrg.com.au.*

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State of the VJ

This issue is the sixth one to be produced by the new VJ team and we're very pleased to have been able to bring them out consistently at the beginning of each month. Our readership feedback has been terrific and we have usually secured enough advertisements to cover costs.

In addition we have held monthly production meetings at local cafes to review the previous issue and plan for the upcoming one. This month we meet at Clunes Coffee Shop, 1pm Wednesday October 27. Feel free to join us.

During the last three months we have been able to set aside some \$360 for various good causes...split evenly between the Sudan Appeal, the Aunties Project and our regular contribution to RCI's running costs.

We have opted at this time not to donate to World Vision (as previously announced) but will donate to Care Australia, Oxfam and other charitable agencies. We've agreed to review the recipients of these donations every three months.

Soon we hope to have the VJ Website up and running again so the VJ can go global. Viva la VJ!

Garth

Vandalism at Rosebank School

While many of us were enjoying the best that community has to offer at the Community Day at Rosebank Hall, persons unknown were busy breaking all the bench chairs in the Sorry Garden (created as an act of reconciliation) at near-by Rosebank School.

Between 10am and 5pm Saturday, September 25, the school was subject to this attack by vandals

Last holidays, human faeces in the rain gauge (twice), plants pulled out, and other malicious acts occurred. As this is more than likely the work of children we ask parents to be aware of the movements of their children during holidays and ask all locals to help by keeping an eye on the school.

These school grounds have always been open to use by the public and it



would be a great shame if the school had to adopt a closed-door policy, as do so many urban schools. Use the school grounds by all means, but respect the property that is there for the good of all.

If the culprits responsible for this recent attack chance to read this—know that you have given new meaning to the name The Sorry Garden and that it is hoped that they some day are truly sorry for this senseless destructive act.

Garth Kindred

Time

*He's standing there, slightly confused
Grandkids are happy and prancing
The passage of years has taken its toll
He's an irascible, irritable old soul.*

*In a whisper of time, he's highly amused
Laughter spreads to a glowing
Years melt away; music enfolds them
He gathers her up for a dance yet again.*

*Dashing youth spirit replaces the old
A vision, a glimpse slowly revealing
Of night clubs and dancing
Young people romancing.*

*Blue eyes sparkle, memories are bold
The past quickens, the present is swirling
'He asked me to marry him on
the very first date'
Oh the music, the feeling,
the hour was late.*

*He walks with a stoop,
eyes on the ground
He's lived a long time his body is tiring
But he remembers no less
When she whispered 'Oh yes!'*

*Her hair is all white; shoulders are round
The seasons keep swiftly passing
She's humming a tune and
tapping her toes still
Letting the music give her a thrill.*

My Mama's Eyes

*My Mama's eyes are so blue
Surrounded now by white
Her hands are mottled, age spots she sighs
Soft singing encircles us
Images envelope us
'Tell us when you were a
little girl, Grandma.'
Laughter lights her eyes
Like a river, memories flow,
gently curving, drifting
Sometimes she pauses,
tears silently falling
Just washing my eyes,' she replies
A fragile, tremulous smile plays
upon her lips
'I'm Russian' and that
explains everything
Her hands shape her memories
Bringing them to life.*

Barbara Nicholls

VJ Poetry Competition

All poems published in the VJ over the coming months will be in the running for a cash prize and the honour of being

VJ Poet Laureate for 2004.

Prizes: Junior \$20 / Teen \$30 / Adult \$50.

Entries in by the 25th of the month.

Competition closes Nov 25.

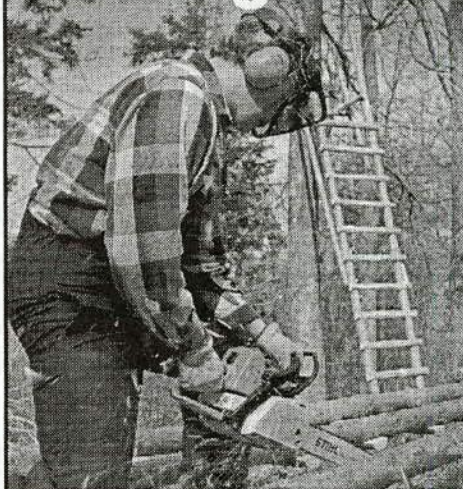
Winners announced in December issue.

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VJ Tree Files

(right) **Is It A Witch Tree, or Which Tree Is It?**

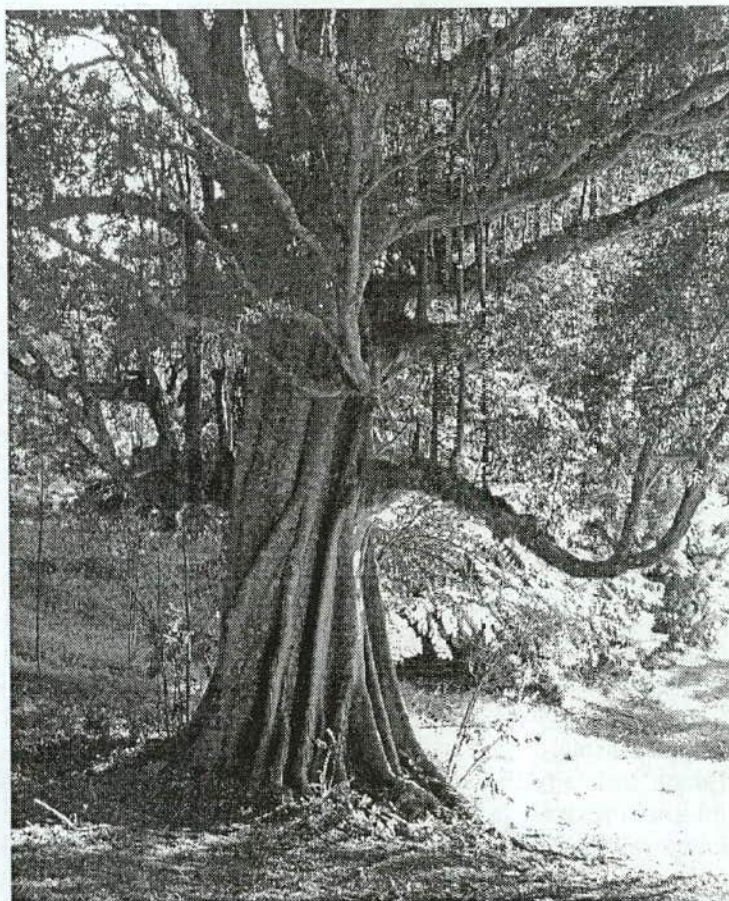
This is one of my favourite trees in the Rosebank area. You'll see it just 5m from the roadside on the right as you drive down the 's' bends on Rosebank Road (about 200 metres short of Rosebank School). I call it the Witch Tree and can easily imagine it as the backdrop for a Witch's coven. If you know what type of tree it is please share it with us.

(below) **Big Fig on Coopers Creek**

This is one of the largest trees I know of out in the open. You'll get a good view of it when driving on Mackie Rd going to Clunes, just past the Ridgewood Rd turn off. It stands about 150 metres east of the bridge. It is massive with buttress roots that run right down to the creek bank to the low water line. It enjoys a fabulous location with full sun, permanent water on tap and no competition. I believe it to be a Moreton Bay Fig but would like this confirmed.

Garth Kindred

If you've got a favourite tree, how about sharing it with our VJ readers. Send pictures and/or info to us and we'll publish it.



Plastic dioxins cause cancer

Don't freeze your plastic water bottles with water as this also releases dioxin in the plastic.

Dr Edward Fujimoto from Castle Hospital was on a TV program explaining this health hazard. He is the manager of the Wellness Program at the hospital. He was talking about dioxin and how bad they are for us. He said that we should not be heating our food in the microwave using plastic containers. This applies to foods that contain fat. He said that the combination of fat, high heat and plastics releases dioxin into the food and ultimately into the cells of the body.

Dioxin are carcinogens and highly toxic to the cells of our bodies. Instead, he recommends using glass, Corning ware, or ceramic containers for heating food. You get the same results without the Dioxin.

So such things as TV dinners, instant ramen and soups should be removed from container and heated in something else. Paper isn't bad but you don't know what is in the paper. Just safer to use tempered glass etc.

He said we might remember when some of the fast food restaurants moved away from the foam containers to paper. The dioxin problem is one of the reasons. To add to this: Saran wrap placed over foods as they are nuked, with the high heat, actually drips poisonous toxins into the food. Use paper towels.

*From: Johns Hopkins newsletter
(sent in by Joe Bryant.)*

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Local Service Directory

Accommodation	Suzanne's Hideaway	66291228
Agricultural Services (Slashing etc)	Ron Field	66882153
Art Gallery	Eltham Village	66291649
Café/Restaurant	Kettle 'n' Keyboard, Dunoon	66895225
	Pogel's Wood, Federal	66884121
	South Lismore Seafood	66222442
Carpenter	John Neill, Dunoon	66895569
Carpets	Ray Towers, Mullum & Lismore	66842467
Car Rental	Thrifty	66222266
Chemist	Health Care, Mullumbimby	66844888
Dentist	Dirk Jacobsen, Bangalow	66872766
Earthmoving	Ron Field	66882153
	Lloyd Marsh	66284266
	Tom Thumb	66886224
Electrical Contractor	Barry Connor	66882114
Emporium	Wax Jambu	66872788
Farm Care	Dalley St, Mullumbimby	66842022
Gardening	Mark	66884289
Gas Deliveries	Colin McMaster	66884000
General Store	Federal	66884240
Guitar Lessons	Neil	66895574
Health, Iridology/Naturopath/Homoeopath	Kowhai	66882402
Internet Provider	NRG	66223488
Lawyers	Beesley & Hughes, Bangalow	66871717
Massage/Structural Bodywork	Brad Miller	66882383
Massage/Naturopathy/ Beauty Therapy	Federal	66884470
Medical Practice	Dr Gillian Ette, Dunoon	66895811
Mobile Massage	Federal	66884044 or 0429884044
Motor Mechanic	Rosebank Repairs	66882138
Motor Service	Hillview, Eureka	66884224
Musical Instruments	Instrumental as Anything	66212606
Nursery	Firewheel, Rosebank	66895013
	Rainforest, Dorroughby	66895141
	Wendy's Secret Garden, Clunes	66291120
Painting Contractor	Mick Cordin, Rosebank	66882169
Psychologist	Bangalow Psychology	66871164
Real Estate	George & Fuhrmann, Bangalow	66872833
	Rick Knight, Bangalow	66871306
Sports Club (licenced)	Dunoon	66895444
Swimming Lessons	Austswim	66895311
Timber/Hardware	Col & Tom, Lismore	66248366
Timber/Water Tanks	Budget	66222299
Tools	Lismore	66223118
Tree Lopping	Steve Cubis	66886455
	Eden	66884114
Tyres	Pirlo's, Sth Lismore	66213561
Used Cars	Clunes	66291270
VJ Advertising	Lydia	66882220
Waste Disposal	Richmond Waste	66217431
Wedding & Ball Gowns	Rasa, Federal	66849498

Schools and Associations

Public Schools	Bexhill	66284223	Clunes	66281278
	Corndale	66284305	Dunoon	66895208
	Eureka	66884272	Goonengerry	66849134
	Numulgi	66282264	Rosebank	66882126
	Upper Coopers Creek	66882128	Whian Whian	66895240
Preschools	Clunes	66291551	Dunoon	66895396
			Rosebank	66882096
Federal Community Children's Centre				66884371
Dorroughby Environmental Education Centre				66895286
Federal Film Society			Anita	66849313
Guides Australia	7-10 years	Jackie Scutt		66886194
	10-15 years	Helen Hargreaves		66895254
Dunoon Scouts		Cubs: Lyn Black		66288588
		Scouts: Graham Pringle		66282820

Community Services

Hall Bookings	Whian Whian	66895288 or	66895488			
	Corndale	66284260	Rosebank	66882116		
	Dorroughby	66895247	Repentance Ck	66882169		
	Dunoon	66895101	Federal	66884240	Eureka	66884141
Kidzone After School Care						66884371
JP	Dianne Horton	0422022308 or				66882482
Rosebank Community Inc.			Inquiries			66882220
Landcare			Fox Rd Landcare			66882217
			Ridgewood Rd Landcare			66291294
			Rosebank Landcare			66882220
			Whian Whian Landcare			66895696
Wildlife Carers			Australian Seabird Rescue			66862852
			Bats		0500	888822
			Byron Shire		0500	855111
			Friends of the Koala			66221233
			Northern Rivers Wildlife Carers		0500	882626
			Rosebank Koala Rescue (all hours)			66882217
			WIRES Northern Rivers Rescue Hotline			66281898

Emergency Services

FIRE/AMBULANCE/POLICE				DIAL 000	
Hospitals	Lismore	66218000	Byron Bay	66856200	
Fire Permits					
	Rosebank	Stewart	66882106	Jamieson	66882303
	Federal	John Nardi	66884151	Mark Hill	66849155

Community Notices

Federal Writers Group

meet on the 3rd Wednesday of the month at Pogels Wood Café, Federal, at 10am. Phone Susanna for info 66884357.

Federal Craft Group

meet every Saturday at Federal Hall (1.30-4pm). Come along for an afternoon of craft, a chat and a cup of tea. No joining fees. For more info, phone 66849142 or 66884143.

Reel Films In Federal

Apocalypse Now. Saturday, October 16.

It is more than just a film night when you come to Reel Films. Call Anita on 66849313 to find out more. The Federal Film Society is open to new members. Film program available at Federal & Rosebank Stores.

Dunoon Quilt Group

meet on the first Wednesday in the month in the morning, and the third Wednesday in the evening. Beginners and non-quilters are welcome. 66895322 or 66895135.

Disclaimer Views and opinions expressed in this journal are those of the individual writers, and not necessarily those of the VJ team. Neither RCI nor the VJ necessarily endorse the products and services of advertisers or mentioned in articles.

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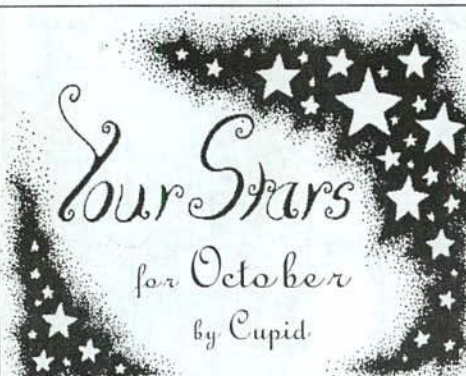
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LIBRA You have a few pressing matters to attend to then life will become a lot easier for the summer living pace. No need to tell you to slow down as you are in that state constantly. Your survival instincts won't allow you to go too fast for too long. This is actually a wonderful asset to have. Just enjoy yourself and appreciate what you do have. You could look at getting a little fitter during summer; this will help your thoughts focus.

SCORPIO Things are looking quite rosy for you and extravagant gifts might make your life a lot more exciting. Your hard work will be paying off at last. Your body will be adjusting to the new season so rest when you are feeling a little low in energy. This should fix you and then you will have a nice blend of work and pleasure at your disposal. Just cruise through the next moon cycle and be aware that it might wobble people around you.

SAGITTARIUS If you have been away you will have a bit of a hard time settling back in. Your head will be filled with wonderful thoughts of far off places and greener pastures. Focus on your loved ones and the beauty that surrounds you. Rest when you need too and enjoy the lead up to summer by having lovely refreshing natural drinks on hand. Friends are missing you, so catch up when you can.

CAPRICORN The moon has been having quite an effect on some people so forewarned is forearmed. If it has you in its grip and you are feeling a bit wobbly then just rest until it passes. The seasons are changing and you will need to adjust too. No need to worry overly just go with it and put your feet up and relax with a nice cool drink

of freshly squeezed fruit juice. A platter of nice cheese and fruit might also lure you.

AQUARIUS Right off you go. It's a great time to hire out a canoe and explore your local creeks. Invite some friends to join you and make a great adventure day out for all. If this doesn't suit you then try a bushwalk or a coastal walk. You need to get out there and the time is right, now. So off you go and have a buzz. Be careful of your feet.

PISCES You will be missing a loved one as you coast through this month. You will also find you are more sentimentally attached to your home than you first thought. You have time to detach, so don't make it a hard obstacle to overcome. All systems are go and it is time to move on to your next phase of life. It is a beautiful progression and one you are happy to embark on. Keep you mind active at nights.

ARIES Ok the moon has had a bit of an effect on you this last month, so put yourself into survival mode until this effect passes. That means a healthy diet, no coffee or tea, limit the alcohol and generally rest when you can. Empty you head of the less important issues and focus on the priorities. Life will become a whole lot easier. Be confident that you are a nice person, doing a good job.

TAURUS Summer is fast approaching so make sure those last minute outdoor jobs are done before it gets too hot to do them. This year you will feel the heat and you will need to make arrangements to keep yourself cool, so that you don't get flustered and take this out on others. Cool head, cool mind. Perhaps it's a time to consider a change in working arrangements.

GEMINI Life is very busy and you are enjoying the added closeness a loved one has brought into your life. Managing business and pleasure might need to be shuffled around a little or you may become a bit weary. If you don't have enough hours in the day then slow everything down, take a rest and contemplate your priorities, so that life will run a little more smoothly for you.

CANCER This moon cycle is working with you but is affecting others. So be sensitive to the needs of others and show them how to handle your beloved moon phases. You will need to get outside and into the elements a bit more if you are to adjust adequately to the new season changes. Go for walks when you can and treat yourself to some time out when needed. Stay cool.

LEO The pussycats may have some unsettled times amongst their pride. Leadership and ego problems will be annoying, so stick to your guns and ensure fair play rules. Use your diplomacy and tact to make the point a little clearer and if all else fails revert to humour. Just don't play second fiddle as fair is fair. Equality must prevail!!!

VIRGO A little bird told me you were working too hard again. Why? I know you love whatever you consider to be work, but just try to go at a pace that your loved ones will enjoy too. Life is about quality not quantity and materialism. Don't you have beauty around you? If you can't see it then perhaps you need to stop and smell the roses.

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The Rainbow Peace Parade through Byron Bay, Sunday, September 26.

OCTOBER 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Daylight Saving Starts Nimbin Market					1 Rosebank Playgroup at Hall 10:30-1:30	2 Grower's Markets Lis. Showground Federal Craft Group 1:30-4:30pm 9am Federal Park Working Bee
3 Byron Market Lismore Carboot Market	4	5 Lismore Organic Market at showground	 6 Eureka Playgroup at Hall 9.30-11.30 Dunoon Quilt Group morning	7	8 Rosebank Playgroup at Hall 10:30-1:30	9 Grower's Markets Lis. Showground Fed Craft Group Don't Forget to Vote in Federal Election
10 The Channon Market	11	12 Lismore Organic Market at showground Repentance Crk Hall Meeting 7.30pm	13 Eureka Playgroup at Hall 9.30-11.30	 14	15 Rosebank Playgroup at Hall 10:30-1:30	16 Federal Films Grower's Markets Lis. Showground Federal Craft Group Rosebank Landcare Emerson Rd, 9am
17 Nimbin Market Lismore Carboot Market	18	19 Lismore Organic Market at showground	20 Eureka Playgroup at Hall 9.30-11.30 Dunoon Quilt Group evening Federal Writers Group	 21	22 Rosebank Playgroup at Hall 10:30-1:30	23 Grower's Markets Lis. Showground Federal Craft Group
24 Bangalow Market	25 RCI meeting Rosebank Hall 7.30 VJ Deadline	26 Lismore Organic Market at showground	27 VJ Production meeting 1pm at Clunes Store Cafe Eureka Playgroup at Hall 9.30-11.30	 28 Rosebank Rural Fire Brigade 7:30pm	29 Rosebank Playgroup at Hall 10:30-1:30	30 Grower's Markets Lis. Showground Federal Craft Group Bread & Barter Fair